



## **Dayspring Behavioral Health Executive Function Coach Job Description**

Our Executive Function Coaches support and empower students toward happy and fulfilling living in school and in the community. They partner with students and their families, in order to build positive momentum, so that difficulties can be overcome, and students can reach their potential.

### Education and Experience

- A bachelor's degree is required; a master's degree preferred.
- A record of successful vocational experience with junior high and/or high school students as a teacher, teacher's assistant, guidance counselor, athletic coach, school administrator, or other similar role strongly preferred.

### Primary Attributes Necessary to Succeed as a Coach:

- A natural ability to converse and connect with kids and teenagers.
- Can converse diplomatically with a wide range of people including students, parents, teachers, and other professionals.
- An empathetic and good listener.
- Approach life with optimism and joy, because that persona will filter down to the students who meet with them individually, or in groups.
- Be reliable, organized, and possess excellent planning skills.
- A "coachable" coach. Willing to continue learning regardless of one's current resume of experience.

### Primary Roles of the Executive Functioning Coach:

- Identify the Executive Function challenges of their student.
- Design clear and practical Executive Function development plans in partnership with students.
- Model for students focus, organization, cognitive flexibility, emotional regulation, and impulse control in one's own life.

- Evaluate progress of Executive Function skill development, and provide any necessary adjustments.
- Update and alter coaching sessions based on student challenges, responses, and current mindset.
- Inspire and motivate students toward positive improvement.

### Working Environment

- Complete the Dayspring Behavioral Health Executive Functioning Coaching Training course prior to coaching sessions with students.
- The position primarily consists of leading 45-60 minute coaching sessions with students. Depending on the student and the situation, meetings may be in-person at a Dayspring office, and/or virtual.
- Regular communication with parents or teachers, as needed, in order to keep all parties apprised of progress or challenges.
- The typical session schedule will be to meet with a particular student 1x or 2x per week for a school semester, or entire academic year. This arrangement may vary and flex from student to student.
- Regular check in with the Program Director two times a month.
- Full-time coaches can expect up to 25 hours per week in student sessions. Part-time coaches can calculate potential income accordingly.